



25 May 2022

Dear Parents,

We are writing to inform you that Year 6 will shortly commence the statutory teaching of our RSE (Relationship and Sex Education) sequence of lessons.

The key areas covered in these lessons are:

- Preparing for increased independence and the transition to high-school.
- Developing an awareness of the key facts about puberty and the changing adolescent body, including physical and emotional changes.
- Menstrual wellbeing including the key facts about the menstrual cycle.
- Understanding how a baby is conceived and born and the role this has in a loving committed relationship.
- Recognising the responsibilities of being a parent or carer and how having a baby changes someone's life.
- Recognising what constitutes a positive and safe relationship.
- Recognising what it means to be attracted to someone and different types of loving relationships including commitment of marriage/civil partnerships and identifying that sometimes relationships break down.

The format of these lessons involves short video clips – including 'cartoon' style clips for more sensitive themes, opportunities for discussion and question and answer style activities. The teaching of gender specific topics such as periods and wet dreams is delivered to the whole class; we feel it is important that boys and girls are aware of the changes that take place even if they are not directly affected.

We would expect all children to participate in these lessons as they form an important part of their development. Sensitivity is of paramount importance however any child can speak to a member of the Year 6 staff at any time if there is an element of the teaching which makes them feel uncomfortable.

For further information or if you have any questions about the teaching of RSE lessons, please contact either Miss Robinson or Mr Warrener.

Best wishes and many thanks for your continued support,

Miss Robinson Mr Warrener
Year 6



CONFIDENCE
LEARNING
ENJOYMENT
ACHIEVEMENT
RESPECT

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