



Holmfirth
Junior, Infant and Nursery School

7 December 2020

Dear Parents/Carers,

As a part of your child's education at Holmfirth JIN, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential. The subject includes Relationships, Health and Sex Education. All PSHE teaching takes place in a safe learning environment and is underpinned by our school ethos and values.

Relationships and Sex Education will put in place the building blocks needed for positive and safe relationships, including with family, friends and online. Your child will be taught what a relationship is, what friendship is, what family means and who can support them. In an age-appropriate way, we will teach about how to treat each other with kindness, consideration and respect.

By the end of Year 6, pupils will have been taught about:

- Families and people who care for me
- Caring friendships
- Respectful relationships
- Online relationships
- Being safe

In Upper Key Stage 2, we will also be teaching our children about

- Menstrual wellbeing including the key facts about the menstrual cycle.
- Understanding how a baby is conceived and born and the role this has in a loving committed relationship.
- The responsibilities of being a parent or carer and how having a baby changes someone's life

Health Education aims to give your child the information they need to make good decisions about their own health and wellbeing, to recognise issues in themselves and others, and to seek support as early as possible when issues arise

By the end of Year 6, pupils will have been taught about:

- Mental wellbeing
- Internet safety and harms
- Physical health and fitness
- Healthy eating
- Facts and risks associated with drugs, alcohol and tobacco
- Health and prevention



CONFIDENCE
LEARNING
ENJOYMENT
ACHIEVEMENT
RESPECT

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 Kirklees
COUNCIL

- Basic first aid
- Changing adolescent body

We believe that access to good Relationship and Health education through PSHE teaching is an essential and integral part to a broad and balanced curriculum. However, parents have the right to withdraw their children from lessons which deliver content that is not part of statutory NC Science (which includes content on human development, including reproduction) should you feel it is not appropriate.

We ask that you consider the policy that we have developed thus far in consultation with governors, pupils and staff. The policy covers our aims and lesson content alongside examples of materials and resources, published by the PHSE Association and the West Yorkshire Teaching Association. It also includes points raised after consultations with our pupils.

If you wish to discuss this further or you have any specific questions, please contact:

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Yours faithfully

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J Rose
Headteacher