

Holmfirth JIN: Y2 Whole School Learning Project 4 – Food and Healthy Eating



Weekly Maths Tasks – Try to at least one every day.

- Practise Times Tables on [Purplemash](#), on websites from our school website, on apps you may have or on paper.
- Play on [daily 10](#) for practice at speeding up your mental maths. Remember to look for near doubles or number bonds to speed things up! You can also change the time limit at the bottom of the screen
- Write down as many words as you can think of that are to do with fractions (we know about $\frac{1}{2}$, $\frac{1}{4}$, $\frac{3}{4}$, and $\frac{1}{3}$. What are fractions? How could you explain fractions to somebody who doesn't know what they are? You might explain what the top and bottom numbers of a fraction are called and what they show. You could show a fraction of a shape or a number.
- [White Rose](#) maths lessons – They have online video tutorials to help you to understand.
- There are fractions games on Purplemash to play to help you remember about fractions.
- Which foods can you think of that you could share into fractions? Remember to keep all pieces equal!

Weekly Reading Tasks – It's a lovely thing to be 'lost' in a good book. Make sure that you find time to read at least once a day.

- You could read a story with somebody in your family or even read to a younger brother or sister. If you are reading a chapter book, then why not chat about what you have read and work out what might happen in the next chapter. Try to find a story about an animal.
- Listen to your child read and let them discuss what they have read. Encourage them to read with expression and intonation.
- Find a good book that is about a kind of food. E.g. James and the Giant Peach, The Hungry Caterpillar and Charlie and the Chocolate Factory.
- Audible Stories is currently offering free audiobooks for kids. Why not listen to a story about animals for a change. Remember to get an adult help you to find the website and a book so that you keep safe online.

https://stories.audible.com/discovery/enterprise-discovery-21103929011?ref=adbl_ent_anon_ds_ds_dbb_0-0

Weekly Spelling Tasks – Try to do at least one every day.

- Practise your weekly spellings, we are now on Summer 1 (3A), Week 5.
- You might make a list of 10 foods that you really like and learn how to spell them correctly. Think about which letters make those words trickier to spell.
- Spend a bit of time most days on [Nessy](#).
- You might make a quiz from your letters by replacing them with numbers – see the grid below – and see if a family member can work out what the word is.

A	B	C	D	E	F	G	H
1	2	3	4	5	6	7	8

I	J	K	L	M	N	O	P
9	10	11	12	13	14	15	16

Q	R	S	T	U	V	W	X	Y	Z
17	18	19	20	21	22	23	24	25	26

Weekly Writing Tasks – Try to do one each week.

Write a set of instructions for a recipe you would make for:

- Lunch at Hogwarts to help Harry stay firmly on his broom in a game of Quidditch.
- A 'powerful picnic' to help the famous five on their next adventure.
- A special breakfast to help Baby Shark win a singing and dancing marathon competition.
- A special 'food glue' that would help Humpty Dumpty to stay on the wall instead of falling off.
- Or, why not choose your own characters and make up a special recipe for them.

Learning Project 3 – Food

The second page of this project is all about introducing you to your summer term topic. For Y2, it's 'Food and Healthy Eating.' We always love a good chat about the different foods we like or dislike and we already know something about why certain foods are good for us. I'd like us to explore a bit deeper into where these foods come from!

Let's Wonder – International Foods

We are incredibly lucky to have access to foods from all over the world! You could investigate this by looking on the labels of the foods you eat. When you know where your chosen food is from, you could investigate how it travels from the place where it is grown to your supermarket shelf! Which form of transport does it travel on? Across which oceans does it travel? You might also want to consider the effect on the environment by watching [this video](#). You could also use the pdf document attached to give you some more information but you might need an adult's help to explain some of the words. Maybe you could look them up in a dictionary!

Why not do a bit of research into one of these foods (with an adult to keep you safe) about these foods and then make a poster with sketches, diagrams and writing about them.

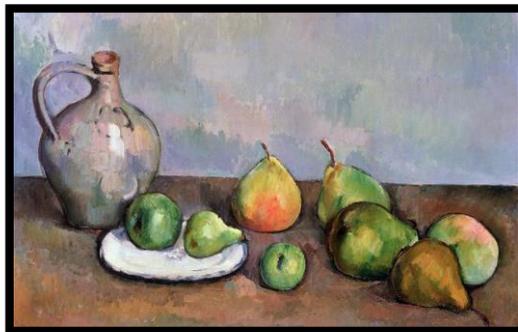
You might like to find out more about 'Fairtrade' is. The Co-op has many of these foods. What does it mean?

Let's Create:

You could make repeated pattern prints using some fruit or veg. For instance, potato printing or using other fruit and veg such as apples, lemons, carrots or celery.



You might like to take a look at the artwork of Paul Cezanne as he liked to draw fruit. Maybe you could try to something similar of your own.



Be Active:

Food provides us with energy and we need energy to exercise and this keeps us fit. Your daily exercise might be Joe Wicks at 9am each day and Go Noodle has dances that are a good fun way of exercising.

We recommend that you do at least 2 hours of exercise a week.

Understanding Others and Appreciating Differences

In our everyday lives we eat many foods from different parts of the world. Can you make a list of foods that you eat that you know come from other parts of the world? E.g. Curry comes from?...

Reflect: Think about what your favourite meal is, and what it is about that meal that makes it so special to you.

Time to Talk:

As a family you could design a healthy meal plan for the week which could include the 5 food groups for a balanced diet – carbohydrates, protein, dairy, fruit and veg and fats.

Extras:

Find your own activities from these learning resource websites for free.

Twinkl – Code ***CVDTWINKLHELPS*** for free access.

Classroom Secrets – Free packs and interactive resources.

White Rose – Online maths lessons with a video that explains how to do it.

Mindfulness – If you get an adult to google ‘GoNoodle Mindfulness’ (keeps you safe online), we know you like these videos and they might help you at home.

Solvemoji – great little quizzes for keeping that maths mind active 😊

BBC Bitesize - lessons for a range of subjects.